

Concordia Men's Cross Country 2010

Season's Best

<u>Name</u>	<u>Time</u>	<u>Location</u>	<u>/Date</u>
Jim Abrams (JR)	26:29.6** #	WHAC Championships Grand Rapids, MI	11/6/10
Tyler Case (SR)	28:29.3	WHAC Championships Grand Rapids, MI	11/6/10
Ryan Burmiester (JR)	29:09.4**	WHAC Championships Grand Rapids, MI	11/6/10
Will Cantrell (JR)	29:21.1**	NAIA Great Lakes Chal. Grand Rapids, MI	11/23/10
Andrew Belt (FR)	30:13.3**	WHAC Championships Grand Rapids, MI	11/6/10
Nick Pruden (RS/FR)	36:39.2	Ann Arbor Track Club Open, Ann Arbor, MI	11/30/10

Awards

WHAC Men's Scholar Athlete

Ryan Burmeister
Will Cantrell

NAIA Academic All American I

Ryan Burmeister
Will Cantrell

Champions of Character

Andrew Belt

Concordia University Cross Country All Time List:

Men:

Jim Abrams #4 Time 26:29.5

** Personal Record

ALL Time List