

Men's Outdoor Track Season

Best by Athlete 2011

Martell Buchanan-JR

400 meter	#	49.53	May 6 th	WHAC Championships
200 meter		22.61	May 6 th	WHAC Championships

Caleb Mims - FR

100 meter		11.15	May 6 th	WHAC Championships
200 meter		22.85	May 6 th	WHAC Championships

Rashad Smith - FR

100 meter dash		12.43	April 9 th	Bulldog Inv. FSU
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Cody Cotner - FR

400 meter		53.96	April 9 th	Bulldog Inv. FSU
200 meter		23.96	April 9 th	Bulldog Inv. FSU

Brandan Head - FR

100 meter dash		11.84	April 9 th	Bulldog Inv. FSU
200 meter		23.77	April 2 nd	Spartan Inv. MSU

Gary Cantrell - JR

800 meters		2:11.22	April 22 nd	EMU Inv.
1500 m Run		4:32.97	April 22 nd	EMU Inv.
3000 meter		10:18.14	April 22 nd	EMU Inv.

Andrew Belt - FR

800 meters		2:24.57	April 9 th	Bulldog Inv. FSU
1500m		4:53.71	April 9 th	Bulldog Inv. FSU

Nathan Alderson - FR

Discus	99'5" (30.30m)		March 26 th	Northwest Ohio, BGSU
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Eric Frisco - FR

Shot Put	40'2.75" (12.26m)		May 6 th	WHAC Championships
Discus	112'5.25" (34.27)		April 9 th	Bulldog Inv. FSU
Hammer	89'4" (27.22m)		May 6 th	WHAC Championships
Javelin	108'4" (33.00m)		April 9 th	Bulldog Inv. FSU

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Ethan Anderson - JR

Shot Put	37'2.5" (11.40m)	May 6 th	WHAC Championships
Javelin	106'1" (32.33m)	March 26 th	Northwest Ohio, BGSU
Hammer	88'7" (27.01M)	May 6 th	WHAC Championships

=New School Record

** =Personal Record

WHAC All Academic Team

Gary Cantrell

Runner MVP

Martell Buchanan

Continued

Men's season Best by Event 2011

100 Meter Dash

Caleb Mims	11.15	May 6 th	WHAC Championships
Brandan Head	11.84	April 9 th	Bulldog Inv. FSU

200 meters

Martell Buchanan	22.65	May 6 th	WHAC Championships
Caleb Mims	22.85	May 6 th	WHAC Championships
Brandan Head	23.77	April 2 nd	Spartan Inv. MSU
Cody Cotner	23.93	April 9 th	Bulldog Inv. FSU

400 meter

Martell Buchanan #	49.53	May 6 th	WHAC Championships
Cody Cotner	53.96	April 9 th	Bulldog Inv. FSU

800 meters

Gary Cantrell	2:11.22	April 22 nd	EMU Inv.
Andrew Belt	2:24.57	April 9 th	Bulldog Inv. FSU

1500 meter

Gary Cantrell	4:32.97	April 22 nd	EMU Inv.
Andrew Belt	4:53.71	April 9 th	Bulldog Inv. FSU

3000 meter

Gary Cantrell 10:18.14 April 22nd EMU Inv.

Shot Put

Eric Frisco 40'2.75" (12.26m) May 6th WHAC Championships
Ethan Anderson 37'2.5" (11.40m) May 6th WHAC Championships

Discus

Eric Frisco 112'5.25" (34.27m) April 9th Bulldog Inv. FSU
Nathan Alderson 99'5" (30.30m) March 26th Northwest Ohio, BGSU

Hammer

Eric Frisco # 89' 4" (27.22m) May 6th WHAC Championships
Ethan Anderson 88' 7" (27.01m)

Javelin

Eric Frisco 108'4" (33.00m) April 9th Bulldog Inv. FSU
Ethan Anderson 106'1" (32.33m) March 26th Northwest Ohio, BGSU

4 X 100 Relay 43.82 Caleb Mims, Cody Cotner
Brandan Head, Martell Buchan

4 X 200 Relay 1:41.73 Caleb Mims, Rashad Smith
Martell Buchan, Maxime Joseph

=New School Record

** =Personal Record